



1% Chocolate Milk

<b>Nutrition Facts</b>	
1 servings per container	
<b>Serving size</b>	<b>8 fl oz (237mL)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>160</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 2g	<b>3%</b>
Saturated Fat 1.5g	<b>8%</b>
Trans Fat 0g	
<b>Cholesterol</b> 10mg	<b>3%</b>
<b>Sodium</b> 220mg	<b>10%</b>
<b>Total Carbohydrate</b> 25g	<b>9%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 23g	
Includes 13g Added Sugars	<b>26%</b>
<b>Protein</b> 8g	
Vitamin D 2mcg	10%
Calcium 293mg	25%
Iron 0mg	0%
Potassium 385mg	8%
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

INGREDIENTS: MILK, 1%, WITH ADDED NONFAT MILK SOLIDS & VITAMINS A & D, CHOCOLATE DAIRY POWDER SUGAR, COCOA (PROCESSED WITH ALKALI), CORN STARCH, SALT, CARRAGEENAN, ARTIFICIAL FLAVOR.

11/14/2019